



## 2019 Marks the 75th Anniversary of Christ the King Retreat House

The first retreat began on November 19, 1944 for 34 laymen. The founder and first Director of Christ the King was Rev. Robert F. Grewen, SJ who organized the retreat movement at 500 Brookford Rd in the Lipe-Stacey estate in the Bradford Hills section of Syracuse. Before Christmas of 1945, three priests' retreats had been held and laymen came from throughout the state. During the first year of operation, there were 48 retreats and the number of retreatants reached 1,000 people in the Diocese of Syracuse. With 20 retreatants the average size, the retreat movement began and continues today.

In 1955, Rev. Harold X Folser, SJ added the new wing to round out the present facilities. At that time, the chapel was enlarged and the Assisi Room was added. The Dining room was moved and an outdoor pool was added. In 1994, through the generous gift of the Jesuit Fathers, the Roman Catholic Diocese of Syracuse assumed responsibility of the property. The Diocese supports the continuous line of dedication to spiritual renewal, refreshment and discernment for men, women and youth.

In its present day, Christ the King still provides a sacred, serene spot for retreats and a center where people can recharge, renew and refocus. Presently, we serve over 8000 guests and 300 different groups a year. We offer international speakers and provide a place where all people are welcome!

So many people have enjoyed the sacred serene spot of Christ the King over the years. If you have memorabilia from Christ the King from years past and would like to share it with us for our 75th anniversary displays, please contact us. All our guests will enjoy looking at the past and reminiscing or learning about "the way things were." Thank you in advance for your help in making our 75th Anniversary a celebration to be enjoyed by many. To commemorate our 75th Anniversary and celebrate the work of CTK keep tuned to our website at [www.ckretreat.com](http://www.ckretreat.com) for exciting events.



## Programs and Events

Reservations are required for all events and programs. Please call the retreat house at 315-446-2680, email us at [ckretreat@syrdio.org](mailto:ckretreat@syrdio.org) or register on our website at [www.ckretreat.com](http://www.ckretreat.com)



### SEPTEMBER



#### First Friday with Fr. Donald H. Karlen

Friday, September 7, 10 am - 3 pm

Will include an opening devotion "Remedy for Pain -Forgiveness", conferences and discussion, Mass with Anointing of the Sick, lunch and Holy Hour with Benediction. *Offering: \$25 includes lunch.*

#### Retreat on Anthony De Mello with Sr. Ellie Martinez

Saturday, September 15, 9 am - 4 pm

A peace- filled life is possible regardless of what comes our way! This retreat will focus on awareness, detachment, and the obstacles to peace. Included will be prayer and meditation exercises and selected videos of **Father Anthony De Mello**, a master of spirituality. It will leave us with numerous insights into how we sabotage our serenity and awaken us to a new freedom and an awareness of what truly matters. *Offering: \$35 (includes lunch).*

## Separated and Divorced Weekend

Friday - Sunday, September 21 - September 23

“The Promise of God’s Love” Father Joseph Phillips will deliver an uplifting keynote and Father Clarence Cerwonka will preside over the Healing Liturgy. Empowering workshops dealing with the issues that one must overcome during separation and divorce will be offered. \$175 for the full weekend and all accommodations, \$95 for the full weekend commuter rate and \$50 for Saturday attendance only. Tuition reimbursement is available for those with financial needs. *To register simply reach out to Deacon Dean Brainard 314-472-6754, or email [dbrainard@syrdio.org](mailto:dbrainard@syrdio.org). Learn more at [www.familylifeeducationsyracuse.org](http://www.familylifeeducationsyracuse.org). All are welcome!*



## OCTOBER



### First Friday with Fr. Donald H. Karlen

Friday, October 5, 10 am - 3 pm

Will include an opening devotion, conferences and discussion, Mass with Anointing of the Sick, lunch and Holy Hour with Benediction. *Offering: \$25 includes lunch.*

### Recovery Retreat

Friday - Sunday, October 5 - 7

For all those working a 12-Step Program, this weekend will provide a spiritual perspective. Activities include conferences, small group meetings, times of fellowship and quiet time for prayer and reflection. Directed by Paul Curtin, Alcohol Counselor. Registration begins at 5 pm on Friday with dinner at 6 pm. Retreat ends after brunch on Sunday. *Offering: \$160, Commuters: \$80.*

### Aging with Soul with Fr. John Rose

Tuesday, October 9, 10 am - 3pm

As we age we cannot or may not want to live the way we always have. What if we look upon aging as a ripening, much like fine wines and apples ripen and yield rich flavors and tastes. If we image aging differently we will become deeper persons as we age. We may have older bodies, but we will be young of soul. *Offering: \$30 includes lunch.*

## A MESSAGE

from Fr. John Rose

Dear Friends,



Thirty years ago I was making a retreat at Eastern Point Retreat House located on a beautiful stretch of the Atlantic Ocean at lovely Gloucester, Massachusetts. One morning as I sat outside looking at the sun rise seemingly out of the ocean depth, I said to myself, “wow, how beautiful”. Simultaneously I had a profound sense that Jesus was sitting on the bench opposite me. He was gazing at me lovingly. I said to him, “why are you looking at me, the beauty is out there”. “Yes,” he said, “but the beauty is also in you.” I was reduced to silence. The encounter was fleeting. The experience will last forever.

My experience that day was very ordinary and human yet very spiritual. If we all take time to look back upon our day as we retire for the evening we might be surprised at how the Holy One is always with us always and tries to get our attention in our busyness. Reflections upon these ‘encounters’ can make us spiritually healthy, making for healthy relationships with God, others and ourselves.

Our staff consistently receives positive feedback from guests about time spent at the Retreat House. What our guests say is that they value the reflective atmosphere of CTK. They appreciate a place of welcome where they can ground themselves and become more focused as they face challenges in their lives. Because of so many of these comments **I believe the Retreat House is healthy.**

**We are healthy** because we strive to provide a space for contemplation, prayer and study.

**We are healthy** because our numbers hold steady. While we have a strong Catholic core we see a significant uptick in groups from other faiths that are looking for a space to grow spiritually and personally.

**We are healthy** because we are financially stable. This is due in large part to those of you who support us with your donations both during our Easter Appeal and throughout the year.

**We are healthy** because in 2019 we will celebrate our 75th year as a Retreat House, 50 years led by the Jesuits and 25 years by the Diocese of Syracuse. We will be making you aware of many events in 2019 to help us celebrate our platinum year.

As always, may God bless you abundantly for your goodness to us.

Fr. John Rose



# RESERVE YOUR TICKETS NOW!

## Christ the King Retreat House Fundraiser

Yes, we would like to attend the CTK Fundraiser  
"Elf, The Musical"

Name

Address

Phone

Email

Number of Adult Tickets

Number of Tickets for under 17

Check Number (or call the Retreat House with a credit card.)

### Sunday, December 9

Join us for a matinee performance of "Elf, The Musical" at Syracuse Stage, 820 E. Genesee St. The show starts at 2 pm.

Savor refreshments in the lobby from 12:30 pm and take some chance on beautiful gift baskets.

**Tickets: \$60 per person or \$35 for under 17.**

To reserve your tickets call us at **315-446-2680**, email us at [ctkretreat@syrdio.org](mailto:ctkretreat@syrdio.org) or register on our website at [www.ctkretreat.com](http://www.ctkretreat.com).

Or fill out the form on the right and mail to: CTK, 500 Brookford Rd., Syracuse, NY 13224 with a check made payable to: *Christ the King Retreat House.*

*If you would like to be a sponsor or contribute to our gift basket raffle give us a call 315-446-2680.*



*Do you have an hour to spare?*

**Christ the King Retreat House is always looking for gardeners and volunteers.**

Come and enjoy the beauty of the Retreat House and get some needed exercise by volunteering to rake some leaves this fall.

We have over 18 gardens and 5 acres of land that need constant attention.

Come and bring a friend or bring a group from your parish or organization. Sports teams show your team spirit by volunteering!

**Give us a call and we will set you up with all you need to lend us a helping hand.**

## Retreat House Manager

Dawn M. O'Hara has joined the staff at Christ the King Retreat House as the Retreat House Manager. Dawn has over 22 years of experience as the Village Clerk in Marcellus where she has assisted in organizing community events. Dawn says that she accepted the position in order to live her faith more deeply and share her faith and gifts with others through her work. Dawn and her husband Kevin have supported the Retreat House by attending retreats and events. She resides in Marcellus with her husband and they enjoy spending time in the Adirondacks and the beach.



### Silent Directed Retreat

**Sunday - Friday, October 14 - 19**

Open to clergy, religious and laity with an opportunity to meet with an individual experienced director. Directors: **Jane Comerford, CSJ, Mary Ellen Schopfer, CSJ, Jim Krisher and Fr. John Rose.** *Please specify retreat director preferred when booking.* Registration begins at 5 pm on Sunday, the retreat concludes on Friday at 11 am. *Offering: \$475, \$450 religious, \$100 non-refundable deposit required.*

### Annulment Information Night Registration

**Tuesday, October 16, 6:30 - 8 pm**

The session is FREE and refreshments will be served. A member of the tribunal will be present to walk us through the process and will answer any questions participants may have. *Contact Deacon Dean Brainard 315.472.6754, dbrainard@syrdio.org.*

## NOVEMBER



### First Friday with Fr. Donald H. Karlen

**Friday, November 2, 10 am - 3 pm**

Will include an opening devotion, conferences and discussion, Mass with Anointing of the Sick, lunch and Holy Hour with Benediction. *Offering: \$25 includes lunch.*

### Early Thanksgiving Day Mass and Lunch

**Tuesday, November 20, 11:30 am - 2 pm**

God is pleased when we give thanks for all of our blessings. Today we will take time to offer thanks. We will begin with Mass, and then enjoy a turkey dinner with all the fixin's. Celebrant and Homilist: **Fr. John Rose**, 11:30 a.m. Mass, with lunch to follow. *Offering: \$15.*

### Noel Retreat

**Friday - Sunday, November 30 - December 2**

A spiritual empowerment for Women in Recovery. This is an opportunity to challenge yourself and ask what truly matters. 12-Step your way to a life of freedom and joy. Led by Sr. Ellie Martinez. Begins on Friday, November 30th at 5 pm with dinner at 6 pm and ends on Sunday after Brunch. Deposit: \$25 non-refundable. *Offering: \$160. Commuters: \$80.*

## DECEMBER



### Advent Day of Prayer

**Monday, December 3, 10 am - 3 pm**

Facilitated by Fr. Jerry McKeon, SJ, former campus minister at Cornell and Ithaca Colleges, presently adjunct staff at the Spiritual Renewal Center where he does spiritual direction and leads the Ignatian Exercises. "Our Call to Holiness in Today's World" based on Pope Francis' letter *Evangelii Gaudium*, Fr. Jerry will focus on our call to be missionary disciples as a new chapter in evangelization. *Offering: \$30 includes lunch*

### First Friday with Fr. Donald H. Karlen

**Friday, December 7, 10 am - 3 pm**

Will include an opening devotion, conferences and discussion, Mass with Anointing of the Sick, lunch and Holy Hour with Benediction. *Offering: \$25 includes lunch.*

### CTK Fundraiser at Syracuse Stage - "Elf, The Musical"

**Sunday, December 9, 12:30 - 4 pm**

*Tickets: \$60 per person or \$35 for under 17.*

### New Year's Eve Day of Reflection with Fr. John Rose

**Monday, December 31, 10 am - 3 pm**

How about spending this last day of the year with others to say goodbye to the Old and hello to the New? How do other cultures say goodbye and hello and celebrate a New Year of Grace and Wisdom? Mass will be celebrated at the end of our day. *Offering: \$30 includes lunch.*

**Ecclesiastes 3:1 There  
is a time for  
everything, and a  
season for every  
activity under the  
heavens**

## JANUARY



No events scheduled.

## FEBRUARY



### Women's Retreat

**Friday - Saturday, February 8 - 9**

“Faith: A Gift from God” What does it mean to be a woman of faith? How does God’s gift of faith shape your life? Jesus spoke of people’s great faith and also their lack of faith. We will explore and reflect on faith from the words of Jesus, modern theologians, and our own faith experiences. This retreat begins at 6:00 with dinner on Friday, February 8th and ends with dinner on Saturday, February 9th. **Kathy Meus** will be facilitating the retreat. If you can, bring a snack or beverage to share. *Offering: \$105, Commuters: \$75.*

## CTK Valentine’s Day Dinner and Show

**Thursday, February 14, 6 pm - 8:30 pm**



“Put the Magic Back in Your Life”. Come with a friend, your Valentine or treat yourself to a delicious dinner and enjoy a magic show. Social begins at 6 pm, dinner at 6:30 and show at 7:30 pm. *Offering: \$55 per person.*

## MARCH



### Lenten Day of Reflection

**Wednesday, March 6, 10 am - 3 pm**

**Sr. Kathleen Osbelt, OSF**, Foundress of Francis House. Ashes will be distributed during Mass.

## UPCOMING EVENTS 2019

**April 5 - 7:** Recovery Retreat

**May 12:** Mother’s Day Mass and Breakfast

**June 10 - 14:** Clergy Retreat with

**Br. Joseph Schmidt, FSC**

**June 23 - 28:** Silent Preached Retreat with

**Brother Michael Laratonda, FMS**

**June 23 - 28:** Silent Directed Retreat

**June 29:** Retreat on Anthony DeMello

with **Sr. Ellie Martinez**

**July 19 - 21:** Retreat weekend with

**Sr. Melanie Svoboda, SND**

**August 4 - 9:** Silent Preached Retreat with

**Fr. Brad Milunski, OFM**

**August 4 - 9:** Silent Directed Retreat

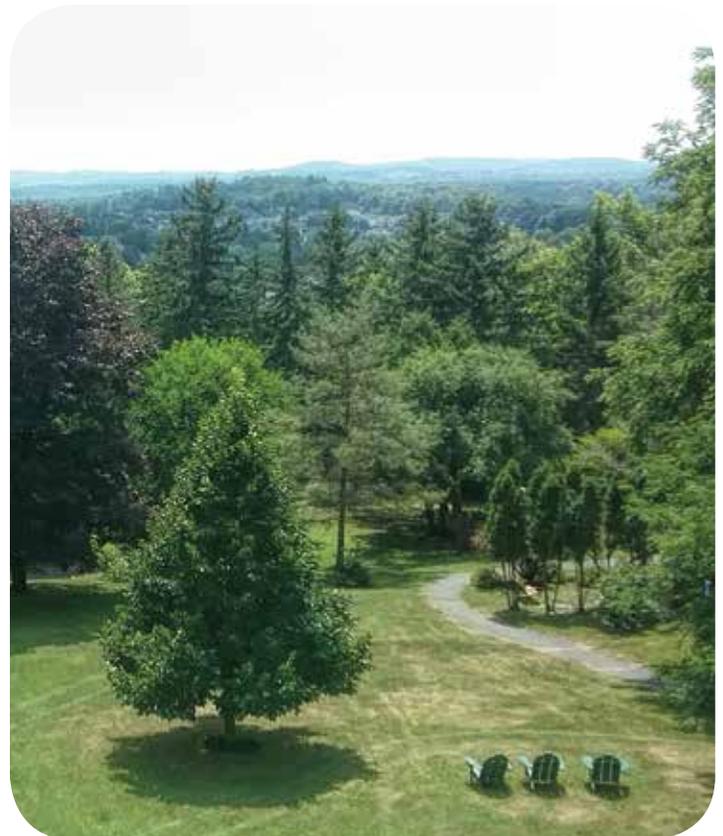
**October 20 - 25:** Silent Directed Retreat

Consider becoming a sponsor or patron of CTK  
**WE NEED YOUR HELP!**

CTK provides an atmosphere of peace in a world that is often filled with darkness and noise. In order to provide a place that unites people in prayer, reflection and relaxation, CTK is dependent on your help.

There are many ways that you can help us in our mission. First and foremost, you can offer us your prayers. Second, consider holding an event here at CTK, encouraging your group, parish, or business to hold a retreat, or meeting here. Third, consider donating to CTK using the enclosed envelope. Fourth, consider becoming a sponsor for one of our fundraisers, or encourage your group to become a sponsor. We are always looking for gift baskets or items for our gift baskets to be raffled off at our fundraisers. Fifth, you can make a bequest or by donating directly from your estate, IRA or through the United Way. Lastly, CTK has opportunities to donate a lasting memorial for someone who you love that has passed including bricks.

*Whatever way you choose to support us, know that we are grateful for your kindness and generosity. You are in our prayers and we hope that you find the peace of Christ the King in your life.*





CHRIST THE KING  
RETREAT HOUSE

*Recharge • Renew • Refocus*

500 Brookford Road, Syracuse, NY 13224

Non-Profit Org.  
U.S. Postage  
**PAID**  
Permit No. 887  
Syracuse, NY



### Board of Directors

CTK would like to thank our Board of Directors for all their time, efforts and talents in bringing peace, opportunities for growth and renewal to our community.

#### Our Board of Directors include:

**Joe Geglia - President**  
**Cil Sindoni - Secretary**  
**Beth Broadway**  
**Sr. Laura Bufano, CSJ**  
**James Corcoran**  
**Thomas Driscoll**  
**Emilee Lawson Hatch**  
**Jim Lee**  
**Jack Mannion**  
**Fr. John Manno**  
**Judge Fred Scullin**  
**Jim Snyder**

*Thank you for your continued support!!*

### STAFF

#### Director:

Fr. John Rose

#### Business Manager:

Dawn O'Hara

#### Buildings and Facilities:

Steve Meier  
Rich Abbott

#### Chef:

Matt Murphy

#### Cooks:

Halina Joanna Dudek-Limanowka  
Lynzina Sutton

#### Marketing Director:

Barb Shepard

#### Receptionists:

Tim Fandrich  
Steve Gilbert  
Judy Carr

#### Housekeeping Staff:

Janan Massett  
Kevin O'Hara  
Elizabeth Streiff

## Recurring Event

### Pathways to Prayer – Prayer Group

**9:30 am-10:30 am.**

Spiritual passages, private and group prayer, discussion. The group meets the first and third Monday of each month (except on major holidays). All are welcome! *Free will offering.*

